

## Hand Breaded Catfish Fillets

#### U.S. Farm Raised Boneless, Skinless and Hand Breaded for Superior Flavor

Hand-Breaded Style Catfish Fillets are made from select U.S. farm-raised marinated catfish. Broaster only uses the best, 100% boneless, skinless and precisely trimmed cuts of catfish to make our catfish fillets. These fillets are frozen, ready to cook.

Lightly marinated and hand breaded in our proprietary cornmeal based blend for superior flavor and bite. You will taste the fish, not the breading.

Great alone as a platter item or perfect inside a bun for an amazing catfish fillet sandwich.





Hand Breaded Catfish Fillet

#### **Specifications**

Product Number 96354

Case Pack bulk 10 lb.

Avg. Portion Size 1.9 oz.

Avg. Portions/Case 85

Cooking Times at 360°F
Broaster Pressure Fryer
3 - 5 min.

Broaster Ventless Fryer 3 - 5 min.

Menu Ideas 2-Pc. Combo Meal with a side Lent Season Special

Recipe Ideas Catfish Fillet Sandwich Fish & Chips Basket

Broaster Foods products are available from your local Authorized Broaster Distributor or your favorite Broadline Supplier.

# Product Fact Sheet | Hand Breaded Catfish Fillet

#### **Product Details**

- Item Description Premium catfish with a cornmeal based blend coating
- Product Number 96354
- UPC 0692595963541
- GTIN 00692595963541
- Brand Broaster Foods®

- Serving Size 2 pieces
- Servings per Case 42
- Shelf Life 6 months
- Allergens Fish
- Kosher No
- HALAL No

#### **Packaging Details**

- Inner Pack Type Bag
- Inner Packs per Case bulk
- Gross Weight 11 lbs.
- Net Weight 10 lbs.
- Case Cube 0.52

- Hi 14
- Ti 10
- Case Length 16 in.
- Case Width 11.5 in.
- Case Height 4.875 in.

#### Ingredients

Catfish, Water, Sodium Tripolyphosphate, Sodium Hexametaphosphate, Breading (Yellow Corn Meal, Yellow Corn Flour, Salt, Spices, Sugar, Natural Flavor, Onion Powder, Maltodextrin, Sunflower Oil and Citric Acid) Contains: Fish

#### Preparation

#### **KEEP FROZEN**

Broaster Pressure Fryer:

Cook from frozen state at 360° F (182° C) for 3 to 5 minutes.

Broaster Ventless Fryer or Open Fryer:

Cook from frozen state at 360° F (182° C) for 3 to 5 minutes.

FOR SAFETY, MUST BE COOKED TO AN INTERNAL TEMPERATURE OF 165°F AS MEASURE BY USE OF A THERMOMETER

### **Nutrition Facts**

42 servings per container

2 Pieces (224g) Serving size

Amount Per Serving Calorias

300

Calonies	000
	% Daily Value*
Total Fat 10g	13%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 70mg	23%
Sodium 1340mg	58%
Total Carbohydrate 26g	9%
Dietary Fiber 2g	7%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 24g	48%

Not a significant source of vitamin D, calcium, iron, and potassium

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories aday is used for general nutrition advice.

All nutritional values based on cooking in a Broaster Pressure Fryer with Canola Oil.



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